

# MAINS

**Served....** Monday – Saturday 11.30 – 2.30pm

## **NACHOS £9.50**

#HOMEMADE NACHOS WITH MELTED MOZZARELLA CHEESE, TOMATO CHUTNEY AND CRÈME FRAÎCHE TOPPED WITH CHILLIS & KATSU SLAW (VG)

**(ADD A TOPPING FOR £2.50)**

# GROUND CHILLI BEEF

#THREE CHEESES – MOZZARELLA, BRIE AND SWISS (VG)

# PULLED PORK

# THREE BEAN CHILLI (VG)

## **HOME MADE SOUP OF THE WEEK SERVED WITH FARMHOUSE BREAD & BUTTER**

**£7.95**

**#PLEASE ASK FOR FLAVOUR**

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## **WINTER SUPER FOOD SALAD BOWL £13.50**

SERVED WITH A CHILLI JAM / NACHO CRISPS

### **PROSCUITTO, GOATS CHEESE & PEAR SALAD**

#WITH ROCKET, DRIED CRANBERRIES, PECANS & A BALSAMIC GLAZE, SPRING ONIONS, SEEDS, BLACKBERRIES, STARWBERRIES, DRIED SWEET FRUIT WITH A HONEY DRESSING & MICRO LEAVES

### **ROASTED SWEET POTATO & BUTTERNUT SQUASH WITH A HONEY GLAZE**

#TOASTED SEEDS, NUTS TOPPED WITH A LEMON YOGHURT SAUCE & FRESH PARSLEY, SPRING ONIONS, SEEDS, BLACKBERRIES, STARWBERRIES, DRIED SWEET FRUIT WITH A HONEY DRESSING & MICRO LEAVES

## **QUESADILLA £12.95**

**TERIYAKI PULLED PORK- (DF)**

SLOW COOKED PORK WITH GARLIC, HONEY & APPLE CIDER VINEGER

- WITH GRATED CHEESE, SPICEY MAYO, FRESH CHILLIS & BBQ SEASONING IN A TOASTED TORTILLA WRAP SERVED WITH, SALAD, KATSU SLAW & SPICEY MAYO

## **VEGAN THAI GREEN CURRY – £10.50(V)(GF)**

**ADD KING PRAWNS £14.50**

#POTATO, ONIONS & CARROT WITH CURRY SPICES, THAI CURRY PASTE WITH FRESH CHILLIS, SPRING ONIONS & MICRO HERBS SERVED WITH A TOASTED WRAP

## **GINGER & SWEET POTATO DHAL £10.50(V)(DF) (GF)**

#CHICKPEAS, LENTILS, CHILLI, CORRIANDER, COCONUT MILK & TUMERIC TOPPED WITH MICRO HERBS & LIME

## **ROASTED SAUSAGE & MIXED BEANS HOTPOT- £12.50 (DF) (GF)**

#TOMATOES & PEPPER WITH GARLIC, ONIONS, THYME & PAPRIKA TOPPED WITH A DOLLOP OF CRÈME FRAICHE & CROUTONS